OPTI Name & Address

Company: Texas OPTI
Address: 3500 Camp Bowie Blvd Met 330f Fort Worth, TX 76107-2644
Website URL: https://www.unthsc.edu/texas-college-of-osteopathic-medicine/texas-opti/

Contact Information

# 1
Lisa R. Nash, DO
Academic Officer
817-735-2149
817-735-2330
lisa.nash@unthsc.edu

# 2
Jessica Hernandez, EdD
Administrator
817-735-2149
817-735-2330
jessica.hernandez@unthsc.edu

Recruitment Area

Texas (State Specific)
OPTI's Mission & Vision

• The Texas OPTI is an educational consortium committed to assuring the advancement of osteopathic postdoctoral training. In fulfillment of that commitment, we enhance osteopathic graduate medical education through quality program development and advocacy on behalf of our interns, residents, fellows and member institutions.

OPTI Strategic Objectives

• We work together to provide superior educational opportunities to our students upon their graduation from medical school. Our trainees benefit from hands-on experience and the guidance of skilled professionals. Their specialized training prepares them to practice medicine as competent, compassionate physicians.
Faculty and Resident Development

- Faculty Development support for the Texas OPTI is provided by the **UNTHSC Faculty Development Center (UNTHSC FDC)**. The UNTHSC FDC staff is equipped with over 20 years’ experience in faculty development. The UNTHSC FDC strives to prepare physicians to promote the disciplines of medicine through essential leadership and academic skills training. The UNTHSC FDC responds to requests from Texas OPTI Partner organizations for consultations. These consultations may include teaching and research workshops, strategic planning retreats and a variety of other offerings. During each academic year, UNTHSC FDC will provide four (4) consultations / workshops to Texas OPTI Partner organizations that request this service, with no charge for professional time.

- Extended consultation services are available.

Research

- Research consultation is available through UNTHSC FDC for partners’ research and scholarly activity endeavors. These consultations may include advice regarding asking answerable questions, research design, survey and questionnaire design, psychometrics and/or statistics. Additionally, curriculum design, modification and implementation consultations are available. Support, feedback and editing are provided for presentations, posters and written products.

- The Texas OPTI offers a **Resident Research Award**. Residents/fellows are eligible for one stipend award package during the training program, at the OGME2 level or higher. Award requires official notification of poster or presentation acceptance at a national specialty society, or other national AOA meeting of resident’s scholarly work. The resident must also be recommended by their Program Director and/or Director of Medical Education. The award package includes a $500 stipend, poster production, and scholarly recognition in the Texas OPTI newsletter.

Osteopathic Principles & Osteopathic Manipulative Treatment (OMT)

- The **OPTI training schedule for Osteopathic Manipulative Medicine** is a two-year rotation, taught by board certified faculty from the Osteopathic Manipulative Medicine Department at the Texas College of Osteopathic Medicine. Sessions are held three times a year in three-hour blocks on Saturday mornings. Recipients receive hands-on instruction in 3-4 topics during each Saturday session. Osteopathic Manipulate Medicine residents and predoctoral fellows support teaching faculty as table trainers during each session.

- The schedule is reviewed at the end of each two-year cycle and updated by department faculty to ensure residents are receiving varied and quality instruction.

New Program Development

- The Texas OPTI welcomes new institutional partners and new program initiatives. We are available to assist from the earliest stages of development through program approval.

Statement that applies to this OPTI

- This OPTI prefers to assist new programs EARLY in the formation process.
Special or Unique Services Provided by this OPTI

- The **Texas OPTI Resident Council** exists to provide a safe, confidential forum for osteopathic residents to discuss issues and challenges at their respective institutions. The council is comprised of eight members from our partnering institutions. Candidates are nominated by their program directors. The council meets annually on the UNTHSC campus for a lunch meeting. Each resident representative is required to submit a report that outlines current work hours, quality of program, evaluations, scheduled conferences, current research, online library services, OPTI communications and any relevant issues. The lunch meeting is an opportunity for the resident council members to connect, exchange ideas, and share information.

The council members may contact the Resident Council Advisor, Eryn Loney, by phone, text or email throughout the academic year to discuss issues or seek advice. At each annual meeting, the group elects one member to serve as the Resident Council Representative. This individual participates in the annual Texas OPTI GMEC meeting (in conjunction with the AODME conference), preparing a brief report, and serving as the “voice” of the Texas OPTI residents.

- The UNTHSC FDC hosts the annual **Chief Resident Conference** which provides leadership skills to the resident physicians who have been selected to lead their colleagues during training. Chief Resident Conference participants leave the conference equipped to assume leadership roles in academic medicine, clinical medicine, professional organizations, and their communities. These talented men and women who take part in the conference make valuable contributions to producing the needed well-trained physician workforce.

---

**Number of Residencies**

Primary Care is defined as Family Medicine, Internal Medicine and Pediatrics

<table>
<thead>
<tr>
<th>Residency Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care Residencies:</td>
<td>1</td>
</tr>
<tr>
<td>Non Primary Care Residencies:</td>
<td>0</td>
</tr>
</tbody>
</table>

**COM Partners**

Univ N Texas Health Science Center Texas College of Osteo Med.

**Hospital Partners**

Bay Area Corpus Christi Medical Center - Corpus Christi, TX  
Charlton Methodist Hospital - Dallas, TX  
Conroe Med Ed Foundation - Conroe, TX  
John Peter Smith Hospital - Fort Worth, TX  
Medical City Fort Worth - Fort Worth, TX  
Medical City Weatherford - Weatherford, TX  
South Texas Osteopathic Dermatology Residency - Houston, TX  
Texas A&M HSC Bryan-College Station - Bryan, TX